

OVERVIEW



1. Headphone / microphone combo jack (3.5mm)	6. USB 3.2 Gen 1
2. USB 3.2 Gen 1	7. USB 3.2 Gen 1 (Always On)
3. Ethernet (RJ-45)	8. Power connector
4. USB-C 3.2 Gen 2	9. Thunderbolt 4
5. HDMI	10. USB-C 3.2 Gen 2 (data transfer / DP 1.4 only)

PERFORMANCE

Processor

Processor Family

12th Generation Intel® Core™ i7 Processor

Processor

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Processor Graphics
Core i7-12700H	14 (6 P-core + 8 E-core)	20	P-core 2.3GHz / E-core 1.7GHz	P-core 4.7GHz / E-core 3.5GHz	24MB	Intel Iris® Xe Graphics

Operating System

Operating System**

- Windows® 11 Home
- Windows 11 Home Single Language
- Windows 11 Pro
- No operating system

Graphics

Graphics

Graphics	Type	Memory	Boost Clock	TGP	Key Features
NVIDIA® GeForce RTX™ 3050 Ti Laptop GPU	Discrete	4GB GDDR6	1695 MHz	95W	Advanced Optimus, Dynamic Boost 2.0, DirectX® 12 Ultimate

Monitor Support

Monitor Support^[1]

Supports up to 5 independent displays (native display and 4 external monitors via HDMI® and USB-C®)

- HDMI supports up to 7680x4320@60Hz
- USB-C supports up to 7680x4320@60Hz

Notes:

[1] For Max resolution, DSC-enabled display is required. Three external output display devices cannot be supported at the same time when displaying 8K resolution.

Chipset

Chipset

Intel SoC (System on Chip) platform

Memory

Max Memory^[1]

Up to 16GB DDR5-4800 offering

Memory Slots

Two DDR5 SO-DIMM slots, dual-channel capable

Memory Type

DDR5-4800

Notes:

[1] The max memory is based on the test results with current Lenovo® memory offerings.

Storage

Storage Support^[1]

Up to two drives, 2x M.2 SSD

- M.2 2242 SSD up to 512GB
- M.2 2280 SSD up to 1TB

Storage Slot

Two M.2 2280 PCIe® 4.0 x4 slots

Storage Type**

Disk Type	Interface	Offering
M.2 2242 SSD	PCIe NVMe®, PCIe 4.0 x4	512GB
M.2 2280 SSD	PCIe NVMe, PCIe 4.0 x4	512GB / 1TB

RAID

No support

Notes:

[1] The storage capacity supported is based on the test results with current Lenovo storage offerings.

Removable Storage

Optical

None

Card Reader

No card reader

Multi-Media

Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers

Stereo speakers, 2W x2, Nahimic Audio

Microphone

Dual-microphone array

Camera

HD 720p, with E-shutter, fixed focus

Battery

Battery

Integrated Li-Polymer 80Wh battery, supports Super Rapid Charge (10min charge 0-30% capacity, 30min charge 0-70% capacity, 80min charge 0-100% capacity)

Max Battery Life^[1]

MobileMark® 2018: 5.37 hr (discrete mode) or 7.08 hr (hybrid mode)

Notes:

[1] All battery life claims are approximate maximum and based on results using the MobileMark 2014, MobileMark 2018, MobileMark 25, JEITA 2.0, continuous 1080p video playback (with 150nits brightness and default volume level) or Google Power Load Test (PLT) battery-life benchmark tests. Actual battery life will vary depending on many factors such as product configuration and usage, software use, wireless functionality, power management settings, and screen brightness. The maximum capacity of the battery will decrease with time and use.

Power Adapter

Power Adapter

230W slim tip (3-pin) AC adapter, 100-240V, 50-60Hz

DESIGN

Display

Display^[1]**

Size	Resolution	Touch	Type	Brightness	Surface	Aspect Ratio	Contrast Ratio	Color Gamut	Refresh Rate	Viewing Angle (L/R/U/D)	Key Features
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16"	WUXGA (1920x1200)	None	IPS	300nits	Anti-glare	16:10	1200:1	100% sRGB	165Hz	89°/89°/89°/89°	Dolby® Vision™, NVIDIA G-SYNC®, DC dimmer, Advanced Optimus, TÜV Low Blue Light
16"	WQXGA (2560x1600)	None	IPS	500nits	Anti-glare	16:10	1200:1	100% sRGB	165Hz	89°/89°/89°/89°	Dolby Vision, DisplayHDR™ 400, NVIDIA G-SYNC, DC dimmer, TÜV Low Blue Light, TÜV High Gaming Performance, Advanced Optimus

Color Calibration

X-Rite® factory color calibration

Touchscreen

Non-touch

Notes:

[1] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Input Device

Keyboard**

- Glacier white models: 6-row, multimedia Fn keys, numeric keypad, moon white keycaps
- Storm grey models: 6-row, multimedia Fn keys, numeric keypad, black keycaps

Keyboard Backlight**

- 4-Zone RGB backlight
- Blue backlight
- White backlight

Touchpad

Buttonless Mylar® surface multi-touch touchpad, 75 x 120 mm (2.95 x 4.72 inches)

Mechanical

Dimensions (WxDxH)^[1]

359.9 x 264.4 x 19.9 mm (14.17 x 10.41 x 0.78 inches)

Weight^[2]

Starting at 2.42 kg (5.34 lbs)

Case Color**

- Glacier white (top), dove grey (bottom)
- Storm grey (top), black (bottom)

Surface Treatment**

- Glacier white models: Anodize electrophoresis deposition
- Storm grey models: Anodizing

Case Material

Aluminium (top), aluminium (bottom)

System Lighting

No system lighting

Notes:

[1] The system dimensions may vary depending on configurations.

[2] The system weight is approximate and based on results in Lenovo lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

CONNECTIVITY

Network

Ethernet^[1]

Gigabit Ethernet, 1x RJ-45, supports Wake-on-LAN

WLAN + Bluetooth^{®**[2]}

- 802.11ac 2x2 Wi-Fi[®] + Bluetooth 5.1, M.2 card
- Wi-Fi 6, 802.11ax 2x2 Wi-Fi + Bluetooth 5.1, M.2 card^[3]
- Wi-Fi 6E, 802.11ax 2x2 Wi-Fi + Bluetooth 5.1, M.2 card^[4]

Notes:

[1] Wake-on-LAN needs the power adapter plugged in.

[2] Bluetooth may operate at a lower version than hardware design depending on the factors such as operating system, driver, etc.

[3] Wi-Fi 6 full features might be limited by country-level restrictions.

[4] Wi-Fi 6E full features might be limited by country-level restrictions.

6GHz Wi-Fi 6E operation is dependent on the support of the operating system, routers/APs/Gateways that support Wi-Fi 6E, and the regional regulatory certifications & spectrum allocation.

Ports^[1]

Standard Ports

- 1x USB 3.2 Gen 1 (Always On)
- 2x USB 3.2 Gen 1
- 1x USB-C 3.2 Gen 2 (support data transfer and DisplayPort™ 1.4)
- 1x USB-C 3.2 Gen 2 (support data transfer, Power Delivery 135W and DisplayPort 1.4)
- 1x Thunderbolt™ 4 / USB4[®] 40Gbps (support data transfer and DisplayPort 1.4)
- 1x HDMI 2.1, up to 8K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)
- 1x Power connector

Notes:

[1] The transfer speed of following ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.

USB 2.0: 480 Mbit/s;

USB 3.2 Gen 1 (SuperSpeed USB 5Gbps, formerly USB 3.0 / USB 3.1 Gen 1): 5 Gbit/s;

USB 3.2 Gen 2 (SuperSpeed USB 10Gbps, formerly USB 3.1 Gen 2): 10 Gbit/s;

USB4 20Gbps / USB 3.2 Gen 2x2 (SuperSpeed USB 20Gbps): 20 Gbit/s;

USB4 40Gbps (USB 40Gbps): 40 Gbit/s;

Thunderbolt 3/4: 40 Gbit/s.

SECURITY & PRIVACY

Security

Security Chip

Firmware TPM 2.0 integrated in SoC

Fingerprint Reader

No fingerprint reader

BIOS Security

- Administrator password
- Power-on password
- Hard disk password

- Self-healing BIOS

Other Security

E-shutter

SERVICE

Warranty

Base Warranty**

- 1-year courier or carry-in service
- 1-year courier or carry-in with 2-year system board service (Korea only)
- 2-year (1-yr battery) courier or carry-in service
- 3-year (1-yr battery) courier or carry-in service

ENVIRONMENTAL

Operating Environment

Temperature^[1]

At altitudes up to 2438 m (8,000 ft)
- Operating: 5°C to 35°C (41°F to 95°F)
- Storage: 5°C to 43°C (41°F to 109°F)

Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage: 5% to 95% at wet-bulb temperature 27°C (81°F)

Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

Notes:

[1] When you charge the battery, its temperature must be no lower than 10°C (50°F).

ACCESSORIES

Bundled Accessories

Bundled Accessories^[1]

None

Notes:

[1] For more compatible accessory solutions, please visit [Accessories for Legion 5 Pro 16IAH7](#)

CERTIFICATIONS

Green Certifications^[1]

Green Certifications^[2]

- ErP Lot 3
- RoHS compliant

Notes:

[1] The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration.

[2] EPEAT™ registration and ENERGY STAR® certification are dependent on system OS. Please visit [epeat.net](#) and [energystar.gov](#) for more information.

Other Certifications

Other Certifications

- (Optional) TÜV Rheinland® High Gaming Performance

- TÜV Rheinland Low Blue Light (Hardware Solution)

- Feature with ** means that only one offering listed under the feature is configured on selected models.
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